

# Nancy Gruskin: "Observation, Abstraction & Inventions: Still Life and the Figure"

## STUDENT SUPPLY LIST:

This workshop is open to artists working in water-based media. If you're looking to try something new, I highly recommend acrylic gouache. It is a relatively inexpensive, opaque, water-based paint that looks and behaves much like traditional gouache, with the added bonus of being water-resistant when it dries. As a result, you can work quickly and new layers of paint will not re-wet older layers of paint. More information on acrylic gouache is listed below.

### Acrylic Paint/Gouache/Watercolor: Please have the following colors on hand:

- a cool red (Alizarin Crimson or Quinacridone Crimson)
- a warm red (Cadmium Red Light)
- a cool yellow (Cadmium Lemon Yellow)
- a warm yellow (Cadmium Yellow Deep)
- a cool blue (Ultramarine Blue)
- a warm blue (Cerulean Blue)
- one or two greens for mixing neutrals and skin tones (e.g., Cadmium Green Yellow and Cadmium Green Deep or Viridian)
- Titanium white

### Optional:

- a purple for mixing grays, browns and blacks (e.g., Dioxazine Violet)
- an orange for mixing grays, browns and blacks (e.g., Cadmium Orange)

Acrylic Gouache: There are two readily available brands of acrylic gouache paint.\* Holbein Acryla Gouache, which comes in 20 ml and 40 ml tubes, can be purchased online from Blick, Artist & Craftsman Supply, and Vermont Art Supply. Vermont Art Supply is the only source I know of that sells all of the colors in 40 ml tubes. The other common brand is Turner AcrylGouache, available online from Jerry's Artarama. Turner has the advantage of coming in 100ml tubes, as well as 20 ml and 40 ml tubes.

### Please bring the following colors:

- a white (Holbein "Titanium" or Turner "White")
- a warm red (Holbein "Scarlet" or Turner "Permanent Scarlet")
- a cool red (Holbein "Crimson" or Turner "Permanent Red")
- a warm yellow (Holbein "Deep Yellow" or Turner "Permanent Yellow Deep")
- a cool

yellow (Holbein "Lemon Yellow" or Turner "Permanent Lemon")

- a warm blue (Holbein "Cerulean Blue" or Turner "Sky Blue")
- a cool blue (Holbein "Ultramarine Deep" or Turner "Ultramarine")
- an orange (Holbein "Orange" or Turner "Permanent Orange")
- a purple (Holbein "Deep Violet" or Turner "Mixing Violet")
- one or two greens (Holbein "Light Green" or Holbein "Leaf Green" and/or Holbein "Deep Green" or "Viridian"/Turner "Permanent Green Light" and/or Turner "Permanent Green Deep")

Brushes: I recommend flats, filberts and/or brights, as well as one round (if working in acrylic gouache, you can use watercolor brushes or brushes made for acrylics/oils; nice to experiment with both). For all media, bring large size brushes—#10s, #12s, and #16s. Large brushes—perhaps larger than you think appropriate for the size of the painting surface—force you to simplify forms and shapes.

Painting Surfaces: We will be painting on paper. Watercolor paper or mixed media paper is fine for water-based media. Watercolor paper typically comes in two surfaces—hot press (very smooth) and cold press (a toothier, rougher surface). Fabriano makes a "soft finish" that is somewhere between hot press and cold press. It's really a personal preference. I suggest bringing one pad of paper in the 11" x 14" or larger range (of at least 15 pages). If you like to work large, feel free to bring sheets of watercolor paper, which are typically 22" x 30" and can be torn to any size. We will also be making some collages. I will bring (non-archival) colored construction paper for this exercise and card stock for a gluing surface. Some students, however, prefer to bring their own hand-painted paper and/or patterned papers for collage work. I will leave that decision up to you.

Other Items: A palette knife (if part of your current painting method)

Painter's tape/drafting tape (for taping your paper to a drawing board)

All-purpose masking tape

Disposable palette paper or Reynolds freezer paper

Drawing supplies: (one pencil for thumbnail sketches is sufficient)

Scissors

A bottle of white glue or a glue stick or matte medium (for collage work)